

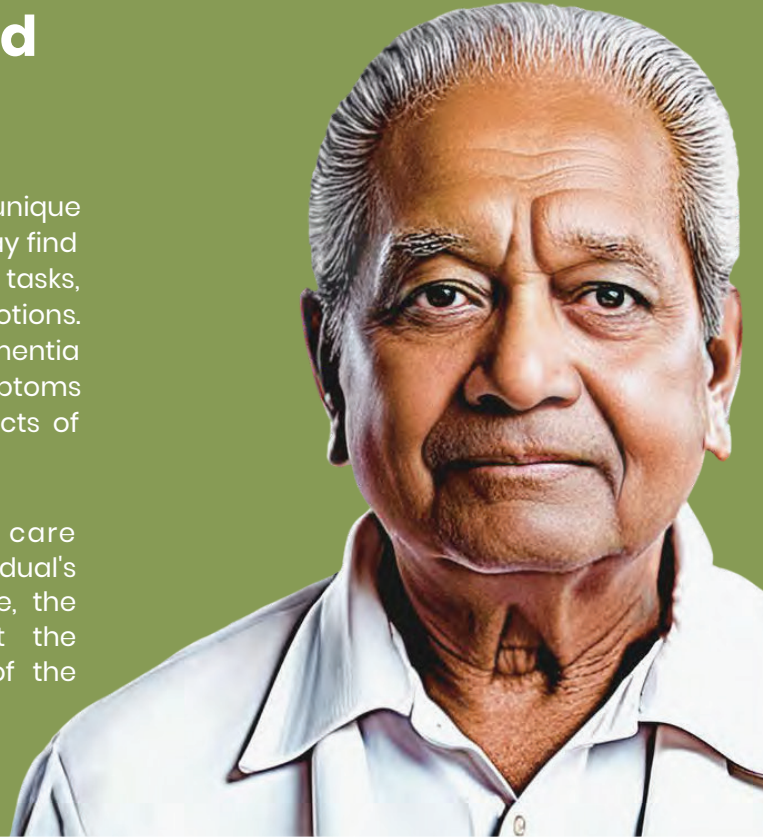
Athulya
Senior Care

**MIND &
MEMORY CARE
AT ATHULYA**

The Need for Specialized Mind & Memory Care

Caring for seniors with dementia poses unique challenges. As the disease progresses, seniors may find it increasingly difficult to perform daily tasks, communicate effectively, and manage their emotions. This necessitates the need for specialized dementia care that not only addresses the physical symptoms but also the emotional and psychological aspects of the disease.

The cornerstone of effective mind & memory care is the understanding that each individual's experience with the disease is unique. Therefore, the care approach must be customized to suit the individual's needs, preferences, and stage of the disease.



At Athulya, we firmly believe that the environment plays a crucial role in managing dementia. Our facilities are designed to be safe, stable, consistent, comfortable, secure, and easily navigable for seniors. We also emphasize creating a stimulating environment that encourages seniors to engage in social activities and cognitive exercises.

Athulya's mind & memory care program encompasses a range of services designed to cater to the diverse needs of seniors.

Infra Optimised for Mind & Memory Care



Ideal lighting intensity to avoid disorientation for dementia patients.



Soothing decor and minimised noise to help residents rest and unwind



Color-coded toilet & bath routes to enhance independence & navigation.



Optimised furniture layout to eliminate blockage & fall danger while optimising movement.



Non-slip floors, accessible switches, and handrails for extra safety.



Calming and familiar layouting to create a sense of home.



At Athulya, we offer high-quality mind & memory care that considerably improves seniors' quality of life. Our approach includes symptom relief and a supportive, stimulating environment.

Symptomatic Relief: Our dedicated medical team provides continuous care for the physical symptoms of dementia. We monitor seniors' health, administer medications, and promptly address any emerging health concerns.

Supportive and Stimulating Environment: At Athulya, we understand the importance of the environment in mind & memory care. Our facilities are safe, stable, comfortable, and easily accessible. We prioritize stimulating activities and social engagement for seniors.

Service Highlights



We create and update personalized care plans for seniors, considering their individual needs, preferences, and dementia stage.



Our staff is readily available to ensure the safety and well-being of your loved ones in our carefully designed facilities.



Our specially trained nurses provide 24/7 care, ensuring seniors' physical comfort and well-being.



We actively involve families in mind & memory care by providing regular updates on the senior's progress and offering education on effective communication & care techniques.



Our program offers stimulating activities like art therapy, music therapy, exercise, & memory games to enhance cognitive function and encourage social interaction.



Our dietitians create appetizing and nutritionally balanced meals tailored to meet the dietary needs and preferences of seniors with dementia.

At Athulya, we aspire to relieve caregivers' burden, providing them peace of mind as their loved ones are cared for holistically. Our commitment, extending beyond physical health to mental, emotional, and social well-being, fulfills caregivers' duties and promotes a vibrant lifestyle for residents. We ensure families can see their loved ones thrive, reinforcing their trust in us, knowing their elderly are not just cared for, but cherished and valued.



ATHULYA SENIOR CARE CORPORATE OFFICE

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Mind & Memory Care



Assisted Living



Rehab Care



Palliative Care



Transition Care



Home Care

WHERE COMPASSION MEETS CARE.

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